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## The effect of supplementation of different antioxidants during maturation of caprine oocytes *in vitro*

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### Abstract

This study was carried out to compare the effect of supplementing maturation medium with different antioxidants on the *in vitro* maturation of immature oocytes. In order to evaluate the effects of antioxidants culturable grade oocytes (total 528) were matured *in vitro* in TCM-199 (with 20 IU/ml eCG, 20 IU/ml hCG, 1 µg/ml estradiol, 25 mM Hepes, 0.25 mM pyruvate and antibiotics) that was randomly supplemented with either 10 µg/ml of melatonin (MLT), 50 µg/ml of L-ascorbic acid (LAA), 1mM taurine (TAU) or without any antioxidants (Control) for 28 hours. On completion of *in vitro* maturation the oocytes were evaluated for cumulus expansion and nuclear maturation. The best cumulus expansion (++++) was achieved in TCM-199 medium supplemented with MLT followed by LAA supplementation. After evaluation of cumulus expansion, the same oocytes were freed of cumulus cells, fixed, stained and assessed for nuclear maturation. Significantly higher ( $P < 0.05$ ) proportions of oocytes were matured *in vitro* in medium supplemented with MLT compared to medium supplemented with LAA, TAU and control. It was concluded that enriching the maturation medium with melatonin or L-ascorbic acid improves the cumulus cell expansion of *in vitro* matured goat oocytes and melatonin also improves the nuclear maturation.

**Keywords:** Goat, *in vitro* maturation, oocytes, melatonin, L-ascorbic acid, taurine

### Introduction

During recent years there has been an increasing interest in large scale *in vitro* production of goat embryos through *in vitro* maturation, *in vitro* fertilization and *in vitro* culture of oocytes for faster multiplication of superior germplasm (Rahman *et al.*, 2008) [45]. The techniques of *in vitro* maturation (IVM) of follicular oocytes, their fertilization with *in vitro* capacitated spermatozoa and the *in vitro* culture of the resulting embryos have been successfully established for goat (De Smedt *et al.*, 1992; Keskinetepe *et al.*, 1994) [15, 26].

The medium for *in vitro* culture of oocytes requires the supplementation of gonadotrophins, growth factors and other substances however; the *in vitro* maturation rates have been modest because of the biochemical state of oocytes, and interactions between the oocytes and cumulus cells (Canipari, 2000; Khazaei and Aghaz, 2017) [11, 27].

Multiple factors likely contribute to the overall poor quality of *in vitro* maturation of oocytes. One of the important factors may be the oxidative stress (OS). The generation of pro-oxidants such as reactive oxygen species (ROS) is an invariable phenomenon in the culture conditions. It is possible that OS also influences oocyte development *in vitro*. On the other hand, ROS are considered signal molecules in oocyte physiology and their impact on maturation promoting factor (MPF) destabilization has recently been reported (Premkumar and Chaube, 2016; Tiwari *et al.*, 2016; Khazaei and Aghaz, 2017) [43, 58, 27].

OS is caused by an imbalance between pro-oxidants and antioxidants (Al-Gubory *et al.*, 2010) [4]. This ratio could change with increased levels of pro-oxidants, such as ROS, or a decrease in antioxidant defense mechanisms (Ruder *et al.*, 2009; Burton and Jauniaux, 2011) [47, 10]. ROS represents a wide class of molecules that indicate the collection of free radicals (hydroxyl ion, superoxide, etc.), non-radicals (ozone, single oxygen, lipid peroxides, hydrogen peroxide) and oxygen derivatives (Agarwal and Prabakaran, 2005) [1]. They are highly reactive and unstable. Hence, ROS can react with nucleic acids, lipids, proteins, and carbohydrates to acquire an electron and become stable. These reactions induce a cascade of subsequent chain reactions that eventually result in cell damage (Attaran *et al.*, 2000; Szczepanska *et al.*, 2003) [6, 52]. ROS can diffuse and pass through cell membranes and alter most types of cellular molecules

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(nucleic acids, proteins, and lipids), leading to mitochondrial alterations (Kowaltowski and Vercesi, 1999) [28], meiotic arrest in the oocytes (Nakamura *et al.*, 2002) [40], embryonic block, and cell death (Hashimoto *et al.*, 2000) [23].

Oxidative stress is known to have a negative effect on *in vitro* maturation and embryonic development of oocytes (Guerin *et al.*, 2001; Matos De *et al.*, 2002; Ozturkler *et al.*, 2010) [19][36][42]. Various studies have been conducted to measure the effects of antioxidants on oocyte maturation and early embryo development (Matos De and Furnus, 2000; Cetica *et al.*, 2001; Guerin *et al.*, 2001; Tarin *et al.*, 2002) [35, 12, 19, 55]. Antioxidants scavenge ROS, which helps maintain the cell oxidant/antioxidant balance. On the other hand, antioxidants are the compounds which either suppress the formation of ROS or oppose their actions (Khazaei and Aghaz, 2017) [27]. The effects of antioxidant supplementation to IVM media have been studied in various mammalian species (Deleuze and Goudet, 2010; Aghaz *et al.*, 2015; Rodrigues-Cunha *et al.*, 2016) [16, 2, 46]. However, it is not yet clear which antioxidant is the most efficient to support the development and quality of caprine embryos. The present study examined the effect of three different antioxidants on *in vitro* maturation of goat oocytes.

## Materials and methods

### Collection of ovaries

Ovaries were collected from a local abattoir (during August 2019 to December 2019) in sterile Normal Saline Solution (NSS 0.85%) supplemented with antibiotics (Penicillin 100 IU/ml, Streptomycin 50 µg/ml) at 30-35° C in an iso-thermic container and transported to the laboratory within 2-7 hours of slaughter.

In the laboratory, the surrounding tissues were trimmed off and the ovaries were washed with sterile NSS. The ovaries were then exposed to 70% ethyl alcohol for 30 seconds and finally washed in modified DPBS.

### Oocyte collection

Oocytes from apparently non-atretic surface follicles of goat ovaries were collected by aspirating the follicle with a 18-20 gauge needle attached to a 5 c.c. disposable syringe in a sterilized petridish containing the oocyte collection medium as described previously (Nagar and Purohit, 2005) [39]. The oocytes surrounded by a compact cumulus mass with an evenly granulated cytoplasm were selected under a stereomicroscope (Olympus, Japan) and washed 5-6 times in a oocyte collection media followed by 3 washing in washing media (TCM 199, buffered with Hepes 25mM plus Pyruvate 0.25 mM and antibiotics, pH 7.2-7.4).

### *In vitro* maturation

The COC's were randomly divided into four groups of approximately equal number of oocytes (10 replicates in each group with 10-15 oocytes in each replicate) and cultured in TCM-199 media with or without addition of different antioxidants:-

**Control:** The COC's were cultured in TCM-199 supplemented with 20 IU/ml eCG (Folligon®, MSD Animal Health), 20 IU/ml hCG (Chorulon®, MSD Animal Health) and 1 µg/ml estradiol (Hi-media), 25 mM Hepes, 0.25 mM Pyruvate and antibiotics in 50-100 µl maturation media for 28 hrs at 38±1° C and 5% CO<sub>2</sub> in humidified air in a CO<sub>2</sub> incubator.

**MLT Group:** The COC's were matured as per Control group with addition of melatonin (10 µg/ml) in the maturation media.

**LAA Group:** The COC's were matured as per Control group with addition of L- ascorbic acid (50 µg/ml) in the maturation media.

**TAU Group:** The COC's were matured as per Control group with addition of taurine (1mM) in the maturation media.

Evaluation of oocyte maturation:

On completion of *in vitro* maturation all the oocytes were assessed for a subjective cumulus expansion and then they were freed of cumulus mass, fixed, stained and evaluated for nuclear maturation.

The cumulus cell expansion was assessed as described previously (Lorenzo *et al.*, 1994; Kumar and Purohit, 2004) [32, 29]. Briefly, a subjective scoring system in which: 0 indicated no detectable response; + indicating minimum observable response and +++ indicated the maximum degree of expansion, where all the layers of cumulus cells expand, even those closest to the oocyte. The number and proportion of oocytes with different degree of cumulus expansion were recorded after 28 hours of *in vitro* maturation.

The nuclear maturation of oocytes was evaluated as per Kumar and Purohit (2004) [29]. Additionally, after 28 hrs of maturation, all oocytes from different groups were collected for staining. The surrounding cumulus cells were removed by vortexing for 1 minute or pipetting with a fine capillary tube or keeping them in TCM-199 with hyaluronidase (0.3%). The oocytes were placed in the center of an area delineated by two paraffin wax bars on a clean grease free glass slide. The denuded oocytes were compressed gently with a cover slip to hold and were fixed for 24 hrs in acetic acid and methanol [1:3(v:v)] and stained with 1% aceto-orcein or 2% Giemsa's stain for evaluation of nuclear status. The different stages of meiotic maturation were classified as follows:

**Germinal Vesicle (G.V.):** Oocytes with distinct nuclear envelopes and chromatin around the nucleus were present. Individual filaments or bivalent were not visible.

**Metaphase-I (M-I):** The chromosomes were maximally condensed and present as cluster (polar view of thin line: equatorial view).

**Ana Telophase-I (AT-I):** The chromosomes were under division or segregation and spindle were not yet detached. This includes all the stages between beginning of chromosomal separation (Anaphase) and cytokinesis (Formation of 1<sup>st</sup> polar body).

**Metaphase-II (M-II):** A reduced number of chromatin and 1<sup>st</sup> polar body (if available) were present.

### Statistical analysis

The percentage values were subjected to arcsine transformation before applying statistical analysis. The data on cumulus expansion and nuclear maturation were analysed by a one way ANOVA to verify differences, between the treatment groups and control, within treatment groups, followed by the Duncan multiple range test between group mean. The significance of difference between the mean values was determined at  $P < 0.05$ . Results are expressed as mean ± SEM.

## Results

### Cumulus expansion

Cumulus expansion evaluation of oocytes revealed that the mean number and proportion of oocytes that showed maximum expansion (+++) was highest in MLT group followed by that in LAA, TAU and control groups (Table 1 and 2). Significantly higher ( $P<0.05$ ) (+++) cumulus expansion was shown in MLT treated and LAA groups

compared to control. Addition of taurine did not show significant difference in +++ degree cumulus expansion compared to control. The respective mean number and proportion of oocytes that showed + and no expansion was significantly lower in the MLT group only whereas the oocytes showing ++ expansion was not different between any of the groups.

**Table 1:** Cumulus expansion stages of *in vitro* matured goat oocytes

Treatment	No. of replicates	Total number of oocytes matured	Cumulus Expansion			
			0	+	++	+++
Control	10	125	24	32	37	32
MLT	10	136	9	11	32	84
LAA	10	135	18	21	38	58
TAU	10	132	19	29	36	48
Total		528	70	93	143	222

**Table 2:** Mean and proportion of stages of cumulus expansion of goat oocytes matured *in vitro*

Treatment	0	+	++	+++
Control	2.4 <sup>b</sup> ± 0.34 (19.20%)	3.2 <sup>b</sup> ± 0.249 (25.60%)	3.7 ± 0.26 (29.60%)	3.2 <sup>a</sup> ± 0.416 (25.60%)
MLT	0.9 <sup>a</sup> ± 0.233 (6.62%)	1.1 <sup>a</sup> ± 0.277 (8.09%)	3.2 ± 0.389 (23.53%)	8.4 <sup>c</sup> ± 0.686 (61.76%)
LAA	1.8 <sup>ab</sup> ± 0.249 (13.33%)	2.1 <sup>ab</sup> ± 0.277 (15.56%)	3.8 ± 0.389 (28.15%)	5.8 <sup>b</sup> ± 0.646 (42.96%)
TAU	1.9 <sup>ab</sup> ± 0.277 (14.39%)	2.9 <sup>b</sup> ± 0.407 (21.97%)	3.6 ± 0.306 (27.27%)	4.8 <sup>ab</sup> ± 0.533 (36.36%)

Mean values within the same column with different superscript letters differ significantly ( $P<0.05$ )

### Nuclear maturation

Significantly higher ( $P<0.05$ ) mean number and proportion of oocytes matured *in vitro* (reached metaphase-II) in the MLT treated medium compared to untreated control (Table 3 and 4). A similar trend was observed for oocytes reaching metaphase I. The treatment with LAA and TAU resulted in

non-significantly higher mean number and proportion of oocytes maturing after 28 h of *in vitro* culture. The mean number and proportion of oocytes that were arrested at GV or Ana-telophase was not different for the treatment groups and control (Table 3 and 4).

**Table 3:** Nuclear maturation stages of *in vitro* matured goat oocytes

Treatment	No of replicates	Total number of oocytes matured	Nuclear stages			
			GV	M-I	AT-I	M-II
Control	10	125	29	32	17	47
MLT	10	136	25	13	14	84
LAA	10	135	25	22	21	67
TAU	10	132	28	26	20	58
Total		528	107	93	72	256

**Table 4:** Mean and proportion of stages nuclear maturation of goat oocytes matured *in vitro*

Treatment	GV	M-I	AT-I	M-II
Control	2.9±0.433 (23.20%)	3.2 <sup>b</sup> ±0.359 (25.60%)	1.7±0.3 (13.60%)	4.7 <sup>a</sup> ±0.26 (37.60%)
MLT	2.5±0.269 (18.38%)	1.3 <sup>a</sup> ±0.3 (9.56%)	1.4±0.306 (10.29%)	8.4 <sup>b</sup> ±0.67 (61.76%)
LAA	2.5±0.342 (18.52%)	2.2 <sup>ab</sup> ±0.533 (16.30%)	2.1±0.277 (15.55%)	6.7 <sup>ab</sup> ±0.616 (49.63%)
TAU	2.8±0.291 (21.21%)	2.6 <sup>ab</sup> ±0.427 (19.70%)	2.0±0.258 (15.15%)	5.8 <sup>a</sup> ±0.416 (43.94%)

Mean values within the same column with different superscript letters differ significantly ( $P<0.05$ )

## Discussion

Development of improved procedures for *in vitro* maturation of goat oocytes has applications for *in vitro* embryo production and accompanying strategies for genetic improvement (Lv *et al.*, 2010) [33]. Mammalian cumulus cells play a very important role during oocyte growth and maturation. They are known to supply nutrients (Eppig, 1982; Haghghat and Van Winkle, 1990; Laurincik *et al.*, 1992) [18, 22, 30] and/or messenger molecules for oocyte development (Lawrence *et al.*, 1978; Thibault *et al.*, 1987; Buccione *et al.*, 1990) [31, 56, 9], and to mediate the effects of hormones on oocytes (Zuelke and Brackett, 1990) [61]. Moreover, cumulus cell expansion is considered an important marker for oocyte maturation (Chen *et al.*, 1990; Qian *et al.*, 2003) [13, 44] and is

essential for fertilization, subsequent cleavage, and blastocyst development (Gutnisky *et al.*, 2007) [21].

Our results confirmed that melatonin and L-ascorbic acid supplementation to IVM medium had potentially significant effects on the degree of cumulus cell expansion proven to be optimal for nuclear maturation. The same promoting effects of melatonin on cumulus cell expansion were reported in porcine oocytes (Kang *et al.*, 2009b) [25]. Nevertheless, it is not clear whether this enhancing effect was exerted via its receptors or its direct and indirect antioxidant activities. As an antioxidant, melatonin might protect cumulus cells against apoptosis (Sugino *et al.*, 2000; Na *et al.*, 2005; Taniguchi *et al.*, 2009; Kang *et al.*, 2009b) [51, 38, 54, 25] and enhance their expansion (El-Raey *et al.*, 2011) [17]. The same beneficial

effects of ascorbic acid on cumulus cell expansion were reported by Miclea *et al.* (2011)<sup>[37]</sup> on porcine oocytes.

During the present study the proportion of oocytes that matured *in vitro* (reached M-II stage) was significantly ( $P < 0.05$ ) higher for melatonin supplemented (10 µg/ml) maturation medium compared to taurine supplemented and control group and non significantly higher compared to L-ascorbic acid supplemented medium. The same promoting effects of melatonin on maturation of oocytes were reported in juvenile goats (Soto-Heras *et al.*, 2018)<sup>[49]</sup>. Also, melatonin was reported to enhance meiotic maturation of porcine (Kang *et al.*, 2009a)<sup>[24]</sup>, buffalo (Manjunatha *et al.*, 2009)<sup>[34]</sup>, bovine (El-Raey *et al.*, 2011; Tian *et al.*, 2014)<sup>[17, 57]</sup>, ovine (Barros *et al.*, 2020)<sup>[8]</sup> and mouse oocytes *in vitro* (Ahn and Bae, 2004; Na *et al.*, 2005)<sup>[3, 38]</sup>. It is well known that melatonin has a positive antioxidant effect by directly reducing ROS generated during IVM (reviewed by Tamura *et al.*, 2013)<sup>[53]</sup> and activating antioxidant enzymes (catalase, Cu/Zn superoxide dismutase and glutathione peroxidase) by epigenetic regulation of the genome (reviewed by Tomas-Zapico and Coto-Montes, 2005)<sup>[59]</sup>. Moreover, it avoids the harmful consequences of ROS in the oocytes (Tripathi *et al.*, 2011; Banerjee *et al.*, 2012; Song *et al.*, 2016)<sup>[60, 7, 48]</sup>.

This study demonstrated that supplementation of maturation medium with L-ascorbic acid improved the nuclear maturation rate but non significantly. Similar to our results, Dalvit *et al.* (2005)<sup>[14]</sup> and Sovernigo *et al.* (2017)<sup>[50]</sup> working with bovine and Ozturkler *et al.* (2010)<sup>[42]</sup> with ovine oocytes found that addition to the maturation medium of L-ascorbic acid failed to vary the percentage of meiotic maturation significantly, suggesting that this natural antioxidant exerts less observable effect on the nuclear maturation of oocytes during the course of IVM.

In this study, nuclear maturation rate did not improve significantly by supplementing the maturation medium with 1 mM taurine. Similar to our results, Manjunatha *et al.* (2009)<sup>[34]</sup> and Lv *et al.* (2010)<sup>[33]</sup> determined no beneficial effect on maturation rate of oocyte *in vitro* when added taurine and hypotaurine respectively. *In vivo*, hypotaurine and taurine are synthesized and secreted by oviductal epithelial cells (Guerin *et al.*, 1995)<sup>[20]</sup>. Hypotaurine can neutralize hydroxyl radicals and prevent lipid peroxidation (Alvarez and Storey, 1983)<sup>[5]</sup>. The by-product of hypotaurine, after free radical scavenging, is taurine. Taurine has indirect antioxidant effects: it contributes to limiting the deleterious effects of ROS by neutralizing cytotoxic aldehydes, the end products of the peroxidation cascade reaction (Ogasawara *et al.*, 1993)<sup>[41]</sup>. In this study, supplementing the maturation medium with taurine did not find a positive effect on oocyte maturation. This might be due to the *in vitro* culture system used in the study.

It was concluded that enriching the maturation medium with melatonin or L-ascorbic acid improves the cumulus cell expansion of *in vitro* matured goat oocytes and melatonin also improves the nuclear maturation.

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