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A review on antimicrobial resistance, diagnosis and an alternative approach

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Abstract

Antibiotics are extensively used as therapeutic agents for the treatment of infectious diseases in humans and livestock. Penicillins, tetracyclines, sulphonamides, fluoroquinolones and cephalosporins are major antibiotic classes widely used in animal production. Antibiotic usage was highest in swine, chicken and cattle and extremely low in sheep. The use of antibiotics in extra-label use may pose a strong pressure on human, animal and soil microbiome leads to the emergence of antibiotic resistance and have a serious impact on human and animal health. The antimicrobial alternatives such as phage therapy, prebiotics, probiotics, metals and minerals, organic acids and essential oils may be used to treat the infections and increase immune response. Globally, antimicrobial resistance crisis may be controlled by the implementation of monitoring and surveillance programme for clinically important antimicrobial classes used in animals and human and assessment of antimicrobial resistant genes in animal products and environment, reduced use of antibiotics in animals by enhancing host resistance and decreased exposure to the infectious agent through hand sanitation.

Keywords: Antibiotics, AMR, ARG, antibiotic alternatives, growth promoters, PCR

Introduction

Antibiotics are antimicrobial substance destroy or slow down the growth of the bacteria. These are natural, semi-synthetic or synthetic origin ^[1], widely used in livestock for the treatment of respiratory, enteric infections, mastitis, metritis and prophylactic mass treatment to control infection and as growth promoters to improve feed efficiency ^[2]. Several antibiotic classes are extensively administered to food-producing animals *viz.*, tetracyclines, sulfonamides, fluoroquinolones, macrolides, lincosamides, aminoglycosides, beta-lactams, cephalosporins etc. ^[3]. Nowadays most of antibiotics are lost their curative purpose due to the emergence of antibiotic resistance ^[4]. Continuous antibiotic usage urges the sensitive bacteria to become resistant for survival, the resistant pathogens can be transferred indirectly to the human through the environment. The emergence of antimicrobial resistant pathogenic bacteria ^[5] poses a serious impact on public health worldwide ^[6]. Most of the antibiotics/antibacterial agents were used today are derived from soil bacteria genus *Streptomyces* ^[7]. Antibiotics producing soil bacteria contain a variety of self defence against their own antibiotics, and the genetic determinant for self-defence was always co-regulated with antibiotic biosynthetic genes ^[6, 8]. The increase in antimicrobial resistance has been reported in both commensal and pathogenic bacteria ^[9], which leads to poor clinical recovery in animals and humans ^[10]. The understanding of antibiotic usage pattern, the resistant mechanism in bacteria and its impact on human and animal health are essential to trace the alternatives to mitigate antimicrobial resistance.

Antibiotics use in food animals

Antibiotics are widely used in animals to maintain health and productivity as well as to meet the increased demand for animal protein for human consumption. The estimated global antibiotics consumption in food producing animals was 63151 tons in 2010, of which five countries shared more than 50% of consumption by China (23%), United States (13%), Brazil (9%), India (3%) and Germany (3%) ^[11]. China has become the largest producer and consumer of antibiotics and nearly half of the produced (210,000 tonnes) were utilized for food animals ^[12], a high volume of sulphonamides, tetracyclines and fluoroquinolones (enrofloxacin, fleroxacin and norfloxacin) were widely used in agricultural sectors in China ^[13].

The United States utilizing more antibiotics (9702 tonnes) for livestock than the United Kingdom of a European country (404 tonnes) [14]. In livestock, antimicrobial usage was maximum in swine followed by chicken and cattle for the production of meat and very low in sheep [15-16]. The world average annual consumption of antimicrobials for the production of one kilogram of beef, chicken and pork was 45, 148 and 172 mg, respectively [11]. India holding the largest livestock population in the world, accounting for 11.6% and stands fifth place in meat production. Chicken is most commonly consumed meat than others, antibiotics such as tetracycline, doxycycline and ciprofloxacin are commonly used as a growth promoters in poultry production at a sub-therapeutic doses in India [17].

Growth promoters

The antibiotics used as growth promoting agents to accelerate feed efficiency in the poultry and pigs over 60 years. Drugs such as penicillin, oxytetracycline, bacitracin, aureomycin and streptomycin were among the earliest antibiotics reported to yield a growth impact on young birds at sub-optimal dose in feed at 1-20 ppm [18]. It is more frequently used for non-therapeutic than therapeutic applications, developed countries

utilizing 50-80% of antibiotics produced [19]. There are 12 classes of antimicrobials and they are arsenicals, polypeptides, glycolipids, tetracyclines, elfamycins, macrolides, lincosamides, polyethers, beta-lactams, quinoxalines, streptogramins and sulphonamides used at different times in the life cycle of poultry, cattle and swine to increase production [20], repeatedly exposing these animals to small doses of antibiotics significantly contributes antimicrobial resistance [21]. Currently, many antibiotics used in food animals are the same as or surrogates of antibiotics used in human medicine [22]. Antibiotics are essential for the treatment of many common human and animal pathogenic bacterial infections and other major surgical procedures [23]. The World Health Organization (WHO) and World Organisation for Animal Health (<http://www.oie.int/>) developed a comprehensive list as “critically important”, “highly important” and “important” based on importance in human and veterinary medicine to balance the animal health and public health [24] (Table 1). The new rules eliminate the use of medically important antibiotics for growth promotion and permit only the use of these drugs for therapeutic or preventive purposes under the supervision of a Veterinarian [25].

Table 1: Classification of veterinary important antimicrobials for food producing animals [24]

	Antimicrobial family	Name of the antibiotics	Veterinary Antimicrobials			Specific recommendations
			Clinically important	Highly important	Important	
I.	Penicillins					
a	Natural Penicillin	Benethamine penicillin, Benzyl penicillin, Penethamate (hydroiodide), Penicillin procaine, Benzathine penicillin	✓	-	-	Treatment of Septicemia, respiratory and urinary tract infections
b	Amdinopenicillin	Mecillinam				
c	Aminopenicillins	Amoxicillin, Ampicillin, Hetacillin				
d	Aminopenicillin and Beta lactamase inhibitor	Amoxicillin and Clavulanic acid				
e	Carboxy Penicillin	Ticarcillin, Tobicillin,				
f	Ureidopenicillin	Aspoxicillin				
g	Phenoxyphenicillins	Phenoxymethylpenicillin, Phenethecillin				
h	Anti-staphylococcal Penicillin	Cloxacillin, Dicloxacillin, Naficillin, Oxacillin				
II.	Cephlosporins					
a	First generation Cephalosporins	Cefacetrile, Cefalexin, Cefalotin, Cefapryrin Cefazolin Cefalonium	✓	-	-	Treatment of septicemias, respiratory Infections and mastitis
b	Second generation Cephalosporins	Cefuroxime				
c	Third generation Cephalosporins	Cefoperazone, Ceftiofur Ceftriaxone				
d	Fourth generation Cephalosporins	Cefquinome				
III.	Aminoglycosides					
e	Aminocyclitol	Spectinomycin Streptomycin, Dihydrostreptomycin	✓	-	-	Septicaemias, digestive, respiratory and urinary diseases. Gentamicin is indicated for <i>Pseudomonas aeruginosa</i> infections. Apramycin and Fortimycin are currently used in animals alone
f	Aminoglycosides + 2 Deoxystreptamine	Kanamycin, Neomycin, Framycetin, Paromomycin, Apramycin, Gentamicin, Tobramycin, Amikacin				
IV.	Ansamycin-Rifamycins	Rifampicin, Rifaximin	-	✓	-	Mastitis and Rhodococcus equi

						infections in foals	
V.	Bicyclomycin	Bicozamycin	-	-	✓	Digestive and respiratory diseases of cattle and septicaemias in fish	
VI.	Phosphonic acid	Fosfomycin	-	✓	-	This antimicrobial is authorised only in a few countries and critically importance for fish	
VII. Tetracycline							
a	Tetracyclines	Cholrtetracycline, Doxycycline, Oxytetracycline, Tetracycline	✓	-	-	Treatment of many bacterial and chlamydial diseases in animals and birds. There are no alternatives to tetracyclines in the treatment of animals against heartwater (<i>Ehrlichia ruminantium</i>) and anaplasmosis (<i>Anaplasma marginale</i>)	
VIII. Sulfonamides							
b	Sulfonamides	Sulfachlorpyridazine, Sulfadiazine, Sulfadimerazine, Sulfadimethoxine Sulfadimidine, Sulfadoxine, Sulfafurazole, Sulfaguandinine, Sulfamethazine, Sulfadimethoxazole, Sulfamethoxine, Sulfamonomethoxine, Sulfanilamide, Sulfaquinoxaline			✓	-	Several sulfonamides alone or in combination with diaminopyrimidines are very essential to treat bacterial, coccidial and protozoal infections
c	Sulfonamides + Diaminopyrimidines	Sulfamethoxypyridazine, Trimethoprim+Sulfonamide, Ormetoprim+Sulfadimethoxine					
d	Diaminopyrimidines	Baquiloprim, Trimethoprim					
IX.	Streptogramins	Virginamycin		-	✓	For prevention of necrotic enteritis (<i>Clostridium perfringens</i>) in poultry	
X. Quinolones							
a	First Generation Quinolones	Flumequin, Miloxacin, Nalidixic acid, Oxolinic acid					Septicemias, chronic respiratory disease in poultry (<i>E.coli</i> colibacillosis in poultry, cattle, swine, fish and other species)
b	Second Generation Quinolones (Fluoroquinolones)	Ciprofloxacin, Danofloxacin, Difloxacin, Enrofloxacin, Marbofloxacin, Norfloxacin, Ofloxacin, Orbifloxacin, Sarafloxacin	✓	-	-		
XI.	Quinoxalines	Carbadox, Olaquinox	-	-	✓	Digestive disease of pigs (e.g. swine dysentery)	
XII.	Amphenicols	Florphenicol, Thiamphenicol	✓	-	-	It is a useful alternative for respiratory infections in cattle, swine and poultry and some fish diseases. Florfenicol, are used to treat pasteurellosis in cattle and pigs	
XIII.	Plueuromutilins	Tiamulin, Valnemulin	-	✓	-	Respiratory infections in pigs and poultry, swine dysentery (<i>Brachyspira hyodysenteriae</i>)	
XIV.	Lincosamides	Pirlimycin, Lincomycin	-	✓	-	Mycoplasmal pneumonia, infectious arthritis and hemorrhagic enteritis of pigs	

XV. Macrolides						
a	Macrolides C14	Erythromycin, Oleandomycin				Mycoplasma infections in pig and poultry, hemorrhagic digestive disease in pigs, respiratory infections and liver abscesses (Fusobacterium necrophorum) in the cattle
b	Macrolides C15	Gamithromycin, Tulathromycin				
c	Macrolides C16	Carbomycin, Josamycin, Kitasamycin, Spiramycin, Tilmicosin, Tylosin, Mirosamycin, Terdecamycin, Tildipirosin, Tylvalosin	✓	-	-	
d	Macrolides C17	Sedecamycin				
XVI.	Orthosomycins	Avilamycin	-	-	✓	Digestive diseases of poultry and rabbits and necrotic enteritis in chickens
XVII.	Aminocoumarin	Novobiocin	-	-	✓	Novobiocin is used in the treatment of mastitis in the form of intramammary creams and sepsis in fish
XVIII. Polypeptides						
a	Polypeptides	Enramycin, Gramicidin, Bacitracin				Bacitracin is used against necrotic enteritis in poultry. Polypeptides are indicated in septicaemias, colibacillosis, salmonellosis and urinary infections
b	Polypeptides Cyclic	Colistin, Polymixin	-	✓	-	
XIX.	Fusidic acid	Fusidic acid	-	-	✓	Ophthalmic diseases in cattle and horses
XX.	Ionophores	Lasalocid, Maduramycin, Monensin, Narasin, Salinomycin, Semduramicin	-	-	✓	Intestinal coccidiosis (<i>Eimeria</i> spp). This class currently used in animals alone
XXI.	Arsenical	Roxarsone, Nitarsone	-	-	✓	Intestinal coccidiosis in avian and swine
XXII.	Thiostrepton	Nosiheptide	-	-	✓	Treatment of dermatological conditions in swine and avian

Source: OIE, 2018 [24]

Prophylactic and metaphylactic use

Antibiotics are prophylactically used when dairy herds or flocks are exposed to infectious pathogens considered to be at risk. In poultry and livestock, mass administration of antibiotics is often practiced when transporting or moving young animals to prevent respiratory and intestinal illness, when animals have been subjected to stressful or unfavourable environmental conditions. In United States, 16% of lactating dairy cows were treated for clinical mastitis [26]. Penicillin, cephalosporins or other beta-lactam drugs are prophylactically used as intra-mammary infusions in all dairy cows following each lactation to prevent and control future mastitis [27]. Metaphylactically healthy beef calves are administered with a therapeutic dose of antibiotics to mitigate anticipated outbreaks of respiratory disease and for prevention of liver abscess in beef calves with tylosin [26, 28, 29].

Pigs in intensive, indoor systems often receive antibiotic treatment at each stage of their lives until slaughter, usually at less than 6 months old. Suckling and nursery pigs are commonly affected with a gastrointestinal infection such as

post weaning diarrhoea due to *Escherichia coli*, salmonellosis and respiratory diseases [30]. In Thailand, the largest proportion of medicated feed was applied to suckling and nursery pigs (39.7%) and fatteners (37.3%), the drugs like lincomycin, tiamulin and tylosin are commonly used in fatteners to prevent diseases [31]. In Belgium, 93% of pigs were treated prophylactically and 7% metaphylactic. The most frequently used oral antimicrobials in pig herds are colistin (30.7%), amoxicillin (30.0%), trimethoprim-sulfonamides (13.1%), doxycycline (9.9%) and tylosin (8.1%). Injectable antimicrobials such as tulathromycin (45.0%), long acting ceftiofur (40.1%) and amoxicillin (8.4%) [32].

Evolution of antimicrobial resistance

Ever since there has been the discovery of antibiotics and alongside the development of resistance to new antibiotics are takes place. In fact, germs will always look for ways to survive and resist new drugs [33] (Table 2).

Table 2: Development of antimicrobial resistance to various antibiotics

Antibiotics	Year of introduction for therapy	Antimicrobial resistance gene identified bacteria	Antimicrobial resistance identified year
Penicillin	1941	<i>Staphylococcus aureus</i>	1942
		<i>Streptococcus pneumonia</i>	1967
		Pencillinase producing <i>Neisseria gonorrhoea</i>	1976
Vancomycin	1958	Plasmid mediated vancomycin-resistant <i>Enterococcus faecium</i>	1988
		Vancomycin-resistant <i>Staphylococcus aureus</i>	2002
Methicillin	1960	Methicillin resistant <i>Staphylococcus aureus</i>	1960
Extended spectrum cephalosporins (Cefotaxime)	1980	Extended spectrum β -lactamase producing <i>Escherichia coli</i>	1983
Azithromycin	1980	<i>Neisseria gonorrhoea</i>	1983
Imipenem	1985	Carbapenemase producing <i>Klebsiella pneumonia</i> (KPC)	1996
Ciprofloxacin	1987	<i>Neisseria gonorrhoea</i>	2007
Daptomycin	2003	<i>Staphylococcus aureus</i>	2004
Ceftazidime-Avibactam	2015	Carbapenemase producing <i>Klebsiella pneumonia</i> (KPC)	2015

Source: cdc.gov/drugresistance/about.html [33]

Antimicrobial resistance mechanism

Bacteria may be intrinsically resistant to more than one class of antibacterial agents or may acquire resistance by a spontaneous mutation in housekeeping structural or regulatory genes of the bacterial chromosome or via the acquisition of resistance genes from other organisms [34]. Acquisition of new genetic material by antimicrobial susceptible bacteria from resistant strains of bacteria may occur through horizontal gene transfer (HGT) mechanisms includes transformation, conjugation and transduction with transposons-mobile genetic elements found in plasmids, which helps to facilitate the

incorporation of multiple resistance genes into the host genome or plasmids [35]. The majority of commensal bacteria's are harmless but, it acquires antibiotic resistance gene by HGT and transfer resistance genes to pathogenic bacteria [34], acquired resistance genes may enable a bacterium to produce enzymes that destroy the antibacterial drug, to express efflux systems, alteration of target site that prevents the drug binding to exert antimicrobial action or to produce an alternative metabolic pathway that bypasses the action of the drug [36] (Table 3).

Table 3: Mode of action and resistant mechanism for commonly used antibiotics

Antibiotic class	Examples	Mode of action	Mode of development of resistance
B-Lactams	Pencillin, Cephalosporin, Penems (Meropenem), Monobactams (Aztreonam)	Inhibit cell wall synthesis	Hydrolysis, efflux, altered target site
Sulfonamides	Sulfamethoxazole, Sulphaquinoxaline	Inhibit folic acid metabolism	efflux, altered target
Aminoglycosides	Gentamicin, Kanamycin, Amikacin, Streptomycin Spectinomycin	Inhibit Protein synthesis	Phosphorylation, acetylation, nucleotidylation, efflux, altered target
Tetracycline	Oxytetracycline, Minocycline, Doxycycline	Inhibit protein synthesis	Monooxygenation, efflux, altered target
Macrolides	Erythromycin Azithromycin	Inhibit protein synthesis	Hydrolysis, glycosylation, phosphorylation, efflux, altered target site
Lincosomides	Clindamycin	Inhibit protein synthesis	Nucleotidylation, efflux, altered target
Oxazolidinones	Linezolid	Inhibit protein synthesis	Efflux, altered target
Glycopeptides	Vancomycin, Teichoplanin	Inhibit cell wall synthesis	Reprogramming peptidoglycan biosynthesis
Quinolones	Ciprofloxacin, Enrofloxacin Pefloxacin	Inhibit DNA replication	Acetylation, efflux, altered target
Streptogramins	Synercid	Inhibit protein synthesis	C-O lyase (type B streptogramins), acetylation (type A streptogramins), efflux, altered target
Lipopeptides	Daptomycin	Act on cell membrane	Altered target
Rifamycins	Rifampin	Inhibit transcription	ADP-Ribosylation, efflux, altered target
Phenicols	Chloamphenicol	Inhibit protein synthesis	efflux, altered target
Pyrimidines	Trimethoprim	Interfere with folate metabolism	efflux, altered target
Cationic peptides	Colistin	Act on Cell membrane	efflux, altered target

Source: Davis and Davis, 2010 [36]

Enteric pathogens *E. coli* and *Klebsiella pneumonia* have evolved resistance to the most recent generation β -lactam antibiotics by acquiring plasmids carrying extended-spectrum β -lactamases and carbapenemases [34]. Enterococci are intrinsically resistant to cephalosporins and penicillin due to the expression of low-affinity penicillin binding proteins (PBPs) that bind weakly to beta-lactam antibiotics [37].

Saphylococcus aureus is resistant to several antibiotics starting with Penicillin to the most recent antibiotics linezolid and daptomycin. Resistance mechanisms involve the production of inactivating enzyme penicillinase and aminoglycoside-modification enzymes (Penicillin and aminoglycosides), alteration of target binding site, trapping of antibiotics and upregulating of efflux pumps, which extrude

drug from the cell (Fluoroquinolones and tetracycline) and for linezolid and dapomycin through spontaneous mutation^[38]. Strains of *Pseudomonas aeruginosa* are known to utilize their high levels of intrinsic and acquired resistance mechanisms to most of the antibiotics. In addition, adaptive antibiotic resistance of *P. aeruginosa* is a recently characterized mechanism, which includes biofilm mediated resistance and formation of multidrug-tolerant persister cells, and is responsible for recalcitrance and relapse of infections^[39]. A biofilm is an aggregate of microorganisms that adhere to each other on a living or non-living surface, and are embedded within a self produced matrix of extracellular polymeric substances (EPSs), including exopolysaccharides, proteins, metabolites and extracellular DNA (eDNA)^[40-41]. The microbial cells grown in biofilms are less sensitive to antimicrobial agents and host immune response than the cells grown in free aqueous suspension^[42]. This bacterial tolerance/persistence is responsible for the chronicity of disease^[43]. Moreover, biofilm formation can also be harmful to host tissues since they can promote the phagocyte release of lysosomal enzymes, reactive oxygen and nitrogen species^[44]. Administration of the third generation cephalosporin ceftiofur in dairy cows increased β -lactam and multidrug resistance genes in faeces^[45-46]. *Proteus mirabilis* is a common cause of urinary tract infections (UTI). Emergence and spread of multidrug resistant *P. mirabilis* isolate, including those producing ESBLs, AmpC cephalosporinases and carbapenemases are more frequently reported and showed resistance to β -Lactams, aminoglycosides, fluoroquinolones, ceftazidime, cefotaxime, aztreonam and nitrofurans^[47].

Antimicrobial resistant (AMR) bacteria in animal products

Any antimicrobial use, whether in humans, animals, plants or food processing technology, could lead to bacterial resistance^[48]. The spread of AMR bacteria (AMRB) between animals and humans via the food chain and the exchange of AMR genes requires holistic approaches for risk mitigation^[49]. The emergence of livestock-associated (LA) methicillin-resistant *Staphylococcus aureus* (MRSA) among and within livestock species is a relevant issue from both human and animal health perspectives^[50]. The presence of MRSA in bovine milk and dairy environments poses a potential risk to farmworkers and veterinarians^[51-52]. Limited data are available about the prevalence and genetic spread of MRSA in dairy environments in the United States. The low occurrence of MRSA (0-0.6%) among *S. aureus* isolates from bovine milk were reported. The herd prevalence of MRSA was 4% in Minnesota dairy farms and displayed resistance to β -lactams, cephalosporins, and lincosamides^[53].

Mahami *et al.*^[54] reported that the *E. coli* was the most common isolate in pasteurized and unpasteurized milk, *Staphylococcus epidermidis* in powdered milk, *E. coli* and *Enterococcus faecalis* in imported pasteurized skimmed milk, *Klebsiella* sp in soya milk and all isolates showed 100% multi-drug resistant (MDR) to ampicillin, tetracycline, chloramphenicol, gentamycin, cotrimoxazole, cefuroxime and cefotaxime in Accra, Ghana. The MDR *E. coli* (52.5%), *Proteus* spp (77.7%) and *S. aureus* (40%) were isolated in both buffalo and chicken raw meats in Nepal. Chicken meat isolates had higher antimicrobial resistance rates in comparison to buffalo meat isolates, particularly amoxicillin, tetracycline, cotrimoxazole and nalidixic acid.^[55] The ESBL producing of *E. coli* isolates were more commonly detected in pork (76.7%) than broilers (40%)^[56]. Yang *et al.*^[57] reported that the *Salmonella derby*,

S. typhimurium, *S. london*, *S. rissen*, *S. weltevreden*, and *S. enteritidis* in different meat samples of China and showed resistance to tetracycline (65.6%), ampicillin (45.4%), trimethoprim-sulfamethoxazole (40.8%), streptomycin (40.4%) and nalidixic acid (35.8%) The pork had a higher prevalence of (37.3%) *Salmonella* contamination followed by beef (16.1%), mutton (10.9%), dumplings (6.6%) and smoked pork (3.6%)^[57].

Antimicrobial resistant bacteria in the environment

Antibiotics are extensively used as therapeutic agents for the treatment of infectious diseases in human and livestock^[58]. The use of antibiotics in large amount may pose a strong pressure on humans, animal and soil microbiome results in the emergence of antibiotic resistance^[59-60]. In animals, most of the consumed antibiotics, 30 to 90% are excreted into the manure and urine^[61]. Antibiotics can enter the environment through many ways water, sewage, effluent from pharmaceutical industries, hospital effluents, irrigation with wastewater, runoff from an agricultural field containing livestock manure^[62-63]. Daily intake of antibiotic residues from the environment may largely enter the human gastrointestinal tract (harbouring diverse group of bacterial species 95% beneficial and 5% harmful and opportunistic pathogens)^[59, 64] alter the intestinal microbiome composition due to the broad-spectrum influence of antibiotic on the host-associated microbial community rather than target bacteria^[65]. Antibiotic therapy could lead to composition changes of intestinal microbiota with an increase in gram positive bacteria, concurrent reduction of beneficial bacteria^[66], and also induce the emergence of antibiotic-resistant bacteria, which could persist in human intestines for years and excreted through faeces^[63]. Cattle faeces carry more number of antibiotics than swine, administration of the third generation cephalosporin ceftiofur in dairy cows increased the excretion of β -lactam and multidrug resistance genes in faeces^[46, 67]. High prevalence of cefotaxime resistant bacteria *E. coli* has been reported in faecal samples of grazing animals in farms raised without antibiotic supplementation in North and Central Florida in the United States. Cattle faeces had higher cefotaxime resistant bacteria (CRB) than others. Environmental samples had a higher prevalence of CRB in water (88.6%), soil (98.7%) and forage samples (95.7%). Soil microbiota of CRB from farms is clustered closer together with that of Phylum Proteobacteria^[68]. The *E. coli*, *K. pneumonia* and *Staphylococcus lentus* isolated from poultry house environment showed multi-drug resistant to penicillins, fluoroquinolones, third and fourth generation cephalosporins and carbapenems^[69]. The *E. coli* isolated from faeces of all animals in the northern region of Ghana, Africa showed resistance to tetracycline (54.5%), doxycycline (27.9%), ciprofloxacin (11.2%), gentamicin (7.4%) and ceftazidime (5.6%), which was higher in poultry followed by pigs, sheep, cattle and the least was in goats^[70].

The manure microbiome can influence the soil microbiome through direct competition and transfer antibiotic resistance genes (ARGs)^[71], the high levels of antibiotic resistant bacteria in manure and manure application has been shown to significantly increase the abundance of ARGs in soil^[72-73] dispersed into surrounding waterways via runoff and drainage^[74-75]. The *E. coli* isolated from the hospital effluents showed 95% resistant to third generation cephalosporin followed by domestic waste with hospital effluents in India. More than 22 tetracycline or oxytetracycline resistant genes have been found in bacterial isolates of water environments^[76], tetracycline resistance genes *tetM*, *tetO*, *tetQ*, *tetW*, *tetC*, *tetH*,

and *tetZ* have been reported in lagoons and groundwater adjacent to swine production^[77-78]. Most of the environmental tet genes code for transport proteins, which pump the antibiotics out of the bacterial cell and keep the intercellular concentrations low to make ribosomes function normally^[76, 79]. Several macrolide resistant genes (*erm*) have been detected in *Enterococcus* spp. isolated from poultry raising wastewaters^[80]. The ARGs may be transferred to pathogenic bacteria in the environment through horizontal gene transfer; agricultural dissemination of ARGs into the environment may perpetuate the antibiotic resistance^[81].

The resistome of the soils was assessed by screening the total soil DNA for clinically relevant and soil-derived antibiotic resistance genes. The predominant resistant microbiotas isolated from soil were *Pseudomonas*, *Stenotrophomonas*, *Sphingobacterium* and *Chryseobacterium* genera are largely dependent on the efflux mechanisms. Resistant mechanism of soil *Pseudomonas* spp mostly relying on Resistance-nodulation division (RND) to confers the multi-drug resistance. Soil *Stenotrophomonas* spp and *Chryseobacterium* spp develop resistance through RND and ATP-binding cassette (ABC) mediated drug efflux system^[82]. The *Stenotrophomonas maltophilia* usually found in soil, sewage, water, plants, animals and humans and showed resistance to tetracycline, quinolones and chloramphenicol^[83-84]. *Chryseobacterium meningosepticum* is typically found in the environment that causes neonatal meningitis and showed widespread resistance to vancomycin, erythromycin and clindamycin^[85].

Detection of antimicrobial resistant genes in bacteria and environment

Traditionally, monitoring of antimicrobial resistance in bacteria rely on culture and antimicrobial susceptibility

testing. It is non-expensive, time-consuming and non-conclusive and may miss most of the bacteria uncultivable^[86]. Currently, molecular methods are used to detect antibiotic resistant genes includes polymerase chain reaction (PCR), quantitative real time PCR (RT-PCR), multiplex PCR, whole genome sequencing, DNA microarray, metagenomics^[87] and Matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF-MS) is a new method and could become more common in future AMR characterization^[86].

Conventional PCR and Multiplex PCR

PCR assays have been mostly used in both pure cultures and mixed environmental samples for detection of specific antibiotic resistant genes (ARGs) encoding resistances to β -lactams^[88-89], aminoglycosides^[76, 82, 90], sulphonamide^[91-92], tetracycline^[76], macrolides^[76], chloramphenicol^[76, 82], fluoroquinolones^[93-94], vancomycin^[88] and rifampin^[82] (Table 4). It involves the extraction of DNA from target samples, amplification using a specific primer (16S rRNA gene) and visualization of amplified PCR gene products in agarose gels stained with ethidium bromide or other fluorescent DNA chelating dyes.

Multiplex PCR is often used for simultaneous detection of environmental ARGs with various primer pairs at the same time^[76]. PCR is considered a rapid and convenient method for the detection of multiple ARGs in isolated bacteria or environmental DNA^[95-96]. However, conventional PCR is less suitable for the detection of point mutations within the target genes. DNA sequencing is commonly used to detect the ARGs in PCR products^[86, 97]. The RT-PCR can detect single point mutations in a given gene if sequence-specific DNA probes are used for targeting the mutation area.

Table 4: Detection of AMR genes in bacteria and environment

Antibiotic class	Name of the antibiotics	Antimicrobial resistant genes	Function	Resistant bacteria	Reference
B-lactams	Penicillin (Ampicillin)	bla _{SHV} , bla _{TEM} , bla _{IPM} , bla _{GES}	β -lactamase encoding penicillin resistance, Metallo- β -lactamase	<i>Aeromonas</i> sp, <i>Enterobacter</i> sp, <i>Salmonella</i> sp, <i>Staphylococci</i> sp, <i>Vibrio</i> sp, <i>Acinetobacter</i> sp	[82]
		AmpC, OXA-8, VIM, KPC, OXA-48	Carbapenemase	Enterobacteriaceae family	[82, 88]
	Methicillin	mec A	-	Methicillin resistant <i>Staphylococcus aureus</i>	[88]
	Cephalosporin	Bla _{CMY} , CTX-M, OXA-1, CMY-2	β -lactamase encoding cephalosporin resistance	<i>E.coli</i>	[82]
Aminoglycosides	Streptomycin	aadA1, ant	Adenylyl transferases	<i>Aeromonas</i> sp <i>Citrobacter</i> sp, <i>Shigella</i> sp	[76]
	Gentamicin	aac (aac(3)-IV)	Aminoglycoside acetyltransferases	<i>Enterococci</i> sp <i>Streptococci</i> sp	[76, 82, 90]
	Neomycin	aph, neptII	Phosphotransferase	Microbial communities	[76]
Sulfonamide		Sul I, Sul II, Sul III, dfr	Dihydropteroate synthase	<i>Aeromonas</i> sp, <i>E.coli</i> , <i>Listeria</i> sp, <i>Actinobacter</i> sp, <i>Salmonella</i> sp, <i>Vibrio</i> sp	[91-92]
Tetracycline		tet A, B,C,D and E	Efflux pump resistance	<i>Aeromonas</i> sp, <i>E.coli</i> , <i>Listeria</i> sp, <i>Pseudomonas</i> sp, <i>Salmonella</i> sp, <i>Vibrio</i> sp	[76]
		tet M,O,S, Q and W	Ribosomal protection proteins	<i>Aeromonas</i> , <i>Bacillus</i> sp, <i>E.coli</i> <i>Lactococcus</i> sp, <i>Pseudoalteromonas</i> sp, <i>Vibrio</i> sp	[76]
Macrolides		erm A, B,C,F,T and	Ribosomal RNA	<i>Enterococcus</i> sp, <i>Streptococcus</i> sp	[76]

		X	methylation		
Chloramphenicol	Chloramphenicol	catA1	Chloramphenicol Acetyltransferases	<i>Pseudomonas</i> sp	[76]
		CmlA	Transporter resistance	<i>E.coli</i>	[76]
		bcr/cfl	Efflux pump		[82]
Quinolones	Fluoroquinolones	<i>Qnr</i> A , B & S	Efflux pump	<i>E.coli</i> , <i>K.pneumonia</i> , <i>P.mirabillis</i>	[93],[94]
Glycopeptides	Vancomycin	Van A and B	-	<i>Enterococcus faecium</i>	[88]
Rifampin		arr- like-1 arr- like-2	rifampin ADP-ribosyltransferases	Soil	[82]

DNA Microarray

DNA microarrays are genomic tools that have been used to detect drug resistant genes, and are commonly used for gene profiling and expression studies. Identibac microarrays have been used to determine the presence of AMR genes in both aerobic and anaerobic gram-negative bacteria isolated from human faeces [86]. DNA microarray was constructed of 70mer oligonucleotide probes designed to detect the genes encoding resistance to aminoglycosides, β -lactams, chloramphenicols, glycopeptides, heavy metals, lincosamides, macrolides, metronidazoles, polyketides, quaternary ammonium compounds, streptogramins, sulfonamides, tetracyclines, and trimethoprim as well as resistance transfer genes for some strains of *Salmonella enterica* [98].

Metagenomic analysis

Metagenomics is a molecular tool used to analyze the DNA of microbial community acquired from environmental samples without culture [99]. It has helped to elucidate a strong correlation between AMR and microbiome through the discovery of complex microbial communities and their functional components involved in AMR in bacteria in clinical and environmental samples [100]. Metagenomics employs two distinct approaches for analysis: sequence-driven and function driven [101]. Both are based on next-generation sequencing techniques that have been developed by commercial organizations. In the sequence-driven method, multiple sequence reads are generated and analyzed using sequence-analysis software [102]. Functional metagenomics has helped in the discovery of new antimicrobial resistant determinants and mobilome and novel mechanisms of antibiotic resistance [103], identification of new ARGs in natural environments overlooks the compulsion of having previous knowledge of these genes [104-105].

Matrix- assisted laser desorption ionization- time of flight mass spectrometry (MALDI-TOF-MS)

MALDI-TOF-MS is a powerful analytical tool, which has been recently introduced in many clinical laboratories for the identification of bacterial species in clinical samples [86]. It is used to analyze biomolecules such as DNA, carbohydrates, proteins and peptides by their ability to become ionized and enter the gas phase and then measuring their time of flight. Here, the mass to charge (m/z) ratio of the resulting molecular fragments is analyzed to produce a molecular signature and will detect protein between the mass range of 2 and 20 kDa [106-107]. Analysis can be made directly on biological samples of blood and urine and each spectrum can be compared to commercial databases containing species-specific spectral information of microorganism for species identification [106], specific proteins or enzymes as well as smaller biomolecules

such as antimicrobial agents and their degradation products [106, 108]. A large proportion of AMR determinants are proteins, so it is in principle possible to detect these or proteolytic fragments of AMR, directly in the molecular signature from the MALDI-TOF-MS, thus providing an on-the-fly resistance profile [86,109]. MALDI-TOF-MS is commonly used for rapid identification of microorganisms and to select the target antibiotics for treatment to improve the clinical outcome in hospital settings [110-111].

An alternate approach to antimicrobial resistance

Investigation of an alternative approach to tackle the antimicrobial resistance problem globally most important [112]. The antibiotic alternatives could regulate both commensal and pathogenic bacteria populations. The antimicrobial alternatives such as phage therapy, prebiotics, probiotics, metals and minerals, organic acids and essential oils are commonly used to enhance host resistance and also to reduce the disease incidence in the population [113].

Bacteriophage

Bacteriophages are viruses that can infect and kill the bacteria without any negative effect on human or animal cells used to overcome the problem of microbial resistance [114]. However, Phage therapy is not widely used currently and is approved in few countries [115], but it has the potential to control the colonization of *E.coli*, *Salmonella* spp and *Campylobacter* spp in chicken [113].

Metals and minerals

The metals such as copper (Cu^{2+}), zinc (Zn^{2+}), and silver (Ag^+) have antibacterial activity, it can disrupt bacterial protein functions, generate reactive oxygen species and causes damage to bacterial DNA [116-117]. The metallic copper has intrinsically antimicrobial properties and increasing attention in the face of growing antibiotic resistant bacteria [118]. Copper-containing compounds such as CuSO_4 and $\text{Cu}(\text{OH})_2$ are used as the traditional inorganic antibacterial agents and antifungal activity [119]. Copper ions have demonstrated antimicrobial activity against a wide range of microorganisms, such as *Staphylococcus aureus*, *Salmonella enteritidis*, *Campylobacter jejuni*, *Escherichia coli*, and *Listeria monocytogenes* [120]. Additionally, copper has been determined to be an effective antimicrobial for udder washes and prove active against a panel of bacteria and yeasts associated with bovine mastitis [121]. Copper and Zinc salts are commonly added to animal feeds in concentrations above dietary requirements to improve growth. Similarly, Zinc oxide added to pig diets has been effective in reducing post-weaning diarrhoea [122]. Metal nanoparticles such as silver, copper oxide, and zinc oxide are of particular interest for their

antimicrobial properties. Copper oxide nanoparticles had excellent antimicrobial activity against various bacteria ^[123]. Zinc oxide nanoparticles have been demonstrated as effective bactericidal agents against antibiotic resistant *S. aureus* and *S. epidermidis* ^[124]. Silver nanoparticles have also been shown to be effective against bacterial and fungal species, including some important pathogens ^[113, 125].

Prebiotics and probiotics

Prebiotics are potential alternatives to antibiotics used for growth promotion. They are indigestible carbohydrates source fructans, oligofructose, inulin, fructooligosaccharides, galactan, galactooligosaccharides, starch, pectin, fiber components and milk oligosaccharides, alter the colon microflora in favor of a healthier gastrointestinal environment ^[126]. Probiotics are natural feed additives used to improve health and growth performance. Bacteria like bifidobacteria, lactobacilli, yeast and fungi *Saccharomyces cerevisiae* and *Kluyveromyces* are used as probiotics ^[127-128]. Administration of *Lactobacillus sporogenes* (100 mg/kg feed) increased body weight and improved feed conversion ratio in broilers and increased egg production in laying hens ^[126, 129].

Organic acids

Organic acids are composed of individual or blends of several acids that have antimicrobial activities similar to those of antibiotics ^[130]. It has been used for decades in commercial compound feeds, mostly for feed preservation, for which formic and propionic acids are effective by altering the pH of the gastrointestinal tract ^[131-132], several other acids like lactic, citric, fumaric and sorbic acids and their salts calcium formate and calcium propionate are used as feed additives ^[133-134]. The addition of organic acids in the diet improves the proliferation of *Lactobacillus* sp and reduce the harmful bacteria ^[135-136] and protects the young chicks by competitive exclusion of most common enteric pathogens *Salmonella* sp *Campylobacter* sp and *Escherichia coli* ^[137-138]. It also enhances nutrient utilization, growth, immune response and feed conversion ratio in poultry ^[134].

Essential oils

Essential oils are complex mixtures of volatile compounds isolated from the whole plant or plant parts by pressing and distillation ^[139-140]. Most constituents of essential oils are terpenoids and phenylpropanoids. Terpenoids are more abundant than phenylpropanoids ^[141], possess antibacterial and antioxidant activities. The plant families with medicinal properties include garlic (Alliaceae), anise (Apiaceae), oregano (Lamiaceae), thyme (Myrtaceae) cinnamon (Lauraceae), black pepper (Piperaceae) and turmeric (Zingiberaceae) ^[142], lemongrass and rosewood have high bactericidal activity rather than bacteriostatic effects ^[143]. Thymol is a derivative of p-Cymene extracted from *Thymus vulgaris*, eugenol is oil of clove and carvacrol oil extracted from *Origanum vulgare* has high antimicrobial activity against *E. coli* and *S. typhimurium* ^[144]. The carvacrol, cinnamaldehyde, and capsicum oleoresin increased the gut lactobacilli and the ratio of lactobacilli to Enterobacteria in the jejunum and cecum of early-weaned piglets ^[145-146].

Conclusion

The global antimicrobial resistance is controlled by the countrywide implementation of monitoring and surveillance programme (antimicrobial usage, antimicrobial resistance

genes in animals, animal products and environment). Knowledge on a new mechanism of antibiotic resistance in bacteria and its rapid identification, implementation of one health approach, judicious use of antibiotics, regulation of antibiotic sale, research and development for innovation of new antibiotics class, restricted use of newer antibiotics and reducing the incidence of infection through hand sanitation.

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